

# Leadership Coaching

The power of defining your destination



## What is Coaching?

Coaching is an intentional and facilitated conversation. It encourages rigorous attention to the way pastoral leaders hear God, organizes their thinking, visioning, planning and expectations. Coaching challenges the limits of personal experience and insights into the *basileia of God*.

Leadership Praxis™ coaching team lead by Dr. Ray Wheeler utilizes evidence based coaching that links theories and research to an attentiveness to what the Holy Spirit is doing in the context of the leader's life.

Leadership Praxis™ coaches are experienced pastoral leaders who are certified in coaching disciplines. Our coaches are certified in the use of mPULSE and APEST assessments to assist leaders in re-visioning their ministry efforts around a missional model. Our coaches are certified in the Birkman Method® – a multi-dimensional assessment integrating behavioral, motivational, and occupational data for a comprehensive perspective of talent and perspective. All our assessments are offered on a web-based platform for anytime anywhere access, worldwide.

## What does Coaching Do?

### Energize Confidence

Concentrate on what's truly important in your ministry, your relationships and your life. Define your core values and work from them with faith and integrity. Interrogate reality and reduce the chances of making damaging blunders.

### Empower Relationships

Engage new listening and communication skills that enhance confidence in and consideration of your relationships and build synergy with the competencies, skills and insights of others on your team. Augment your effectiveness through powerful encouragement and accountability.

### Foster Accomplishment

Clarify, prioritize and manage immediately the most pressing issues and expose your best thinking to be creative thereby reducing the number of issues subconsciously vying for your attention – less time taken for anxiety means more energy every day.

## Why does Coaching Work?

### It Applies Faith to the Situation

Coaching works because it meets your faith in the here and now, it enters your situation with insight and consideration. It's collaboration between you and your coach. Coaching accelerates the process of definition and clarifies what steps and spiritual disciplines will take you to your goal.

### It Identifies Self Imposed Barriers

Internal obstacles to leadership action are often more daunting than the external ones. What is keeping you from your vision? Can you articulate your vision? Managing the risk of pain or failure in past experiences often results in risk avoidance that limits possibilities. Define yourself by God's promise rather than your past. Embrace your weaknesses as learning points.

### It Creates an Authentic and Supportive *Communitas*

Coaching creates *communitas* (a shared experience) in applying faith to action in a supportive environment in which to expose hindrances to growth and development. A safe environment provides the impetus needed to push beyond self doubt and grow; toward that to which God's promise opens the door.

E-mail: [ray@leadership-praxis.com](mailto:ray@leadership-praxis.com)

Phone: 909-560-0583